

# Overcoming Life Limiting Lies

## *Identify. Test. Replace.*



### *Identify*

What do you hear/think?  
Where did you learn it?

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*"Awareness is the first step."*

### *Test*

Is it true?  
What behavior or action (or lack of action) does it lead you to?

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*"Choose the actions of the person you're committed to becoming."*

### *Replace*

Where could you go if you let it go?  
What is possible without it?

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*"Someone is waiting for you to walk in the truth."*

*Identify*

*Test*

*Replace*

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What is the truth? \_\_\_\_\_