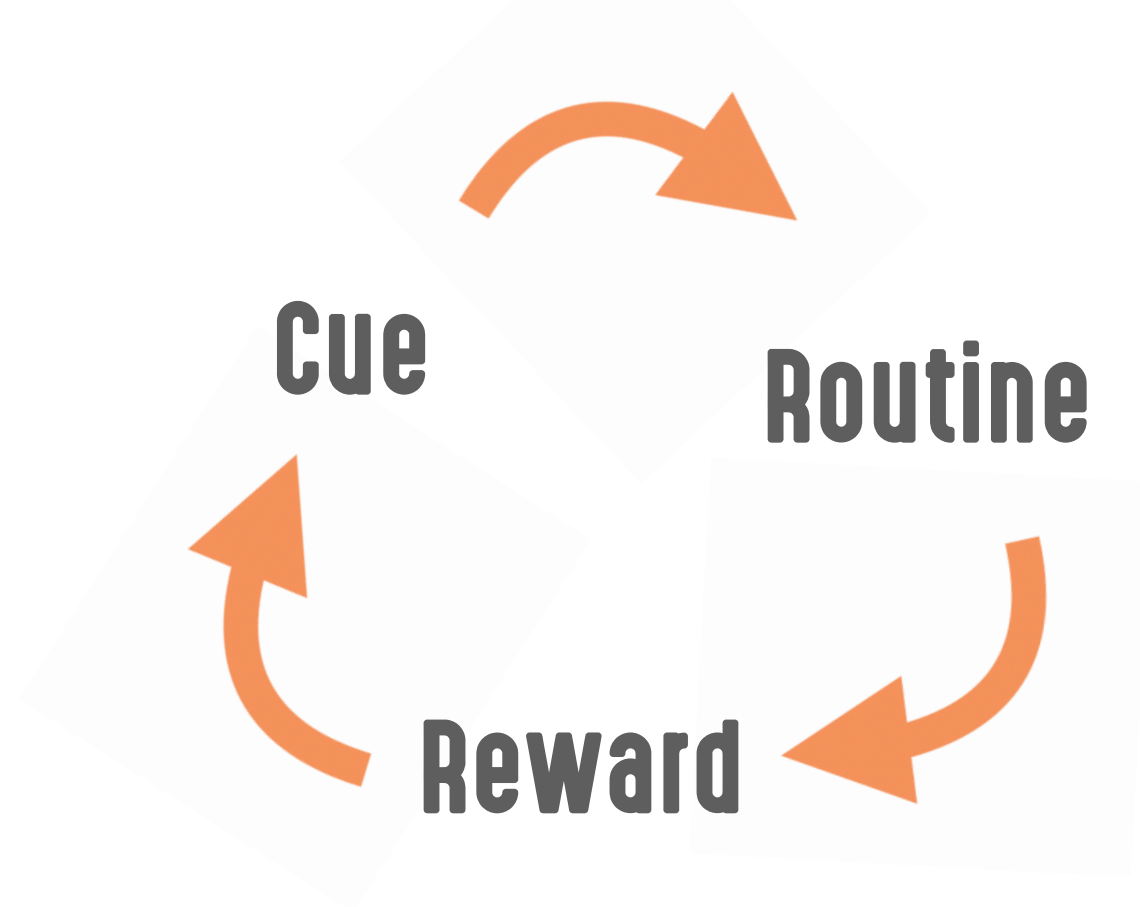


Priority PlanningTM For the week of:

Categories								
Action Steps								
1								
2								
3								
4								
5								
6								
7								
Cue: Reward: A-TEAM:								



Pain and Pleasure Motivators

Pain:

Pleasure:

Intentions vs. Goals / Action Steps

A-TEAM

- A** Advocate _____

- T** Team _____

- E** Emulate _____

- A** Align _____

- M** Mentor _____
