

The Difference Between Concerned & Worried

CONCERNED

a matter of interest or importance to you

- Concern means you care
- Concern means you'll pray
- Concern means you'll be empathetic and say "I'm sorry you are going through this"
- Concern means they come up in your mind and you'll reach out to say you're thinking of them
- Concern means you bring it to the feet of God, give it to him and trust that he will take care of it

WORRIED

anxious about potential problems

- Worried means you are scripting or obsessing about the future
- Worried makes you think you can control things you can't control
- Worried makes you feel like you should fix everything, yet can't influence the end result
- Worried puts pressure on you to have all the answers and to fix everything

You can be concerned but not worried, by caring about (and *for* the person) and leaving the outcome to God.

Casting all your worries on
Him because He cares for you.
1 Peter 5:7