## **Becoming Resilient**

Get Unstuck and Move On

Forgiv	ve what is hol	ding you back:		
	Make	e peace with every piece of	your story.	
<b>L</b> inger	on what is go	ood:		Const.
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		What we focus on is what g	rows.	
<b>Y</b> earn	for what is no	ext:		
	Sc	omeone needs you to desire	again.	
	Forgive	Linger	Yearn	
				Lathrine Lee. C.